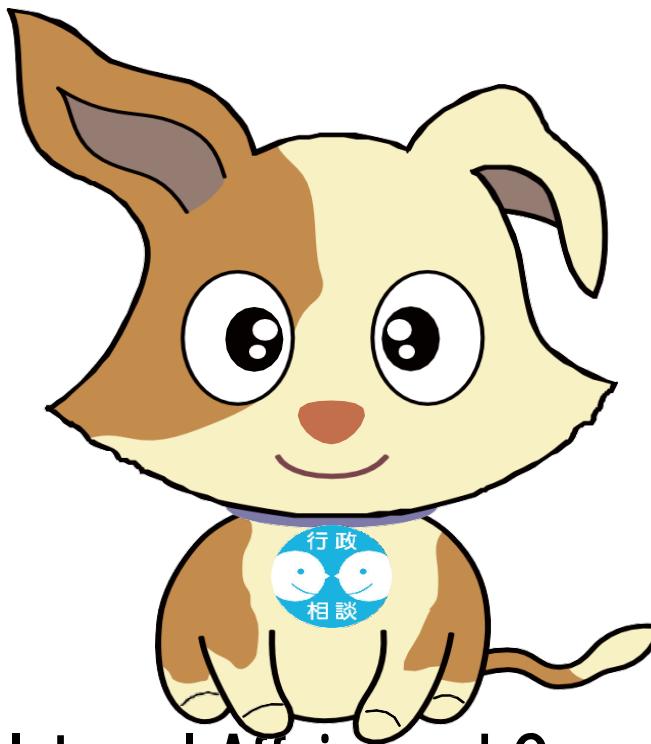
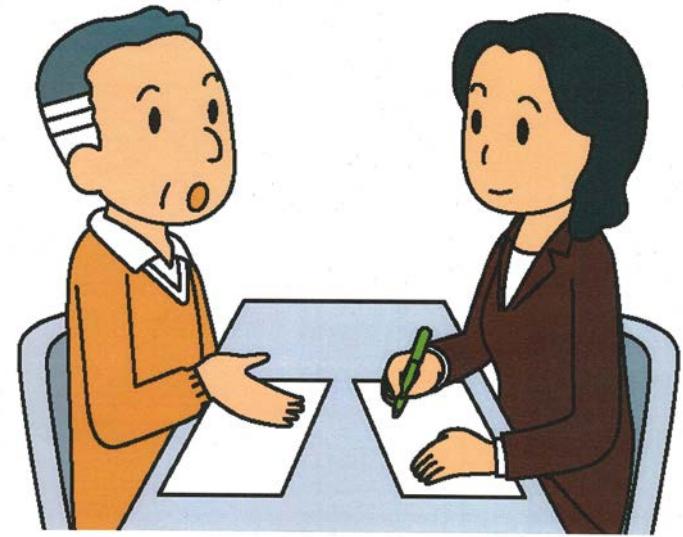


# ***Various Aspects of living and working in Miyazaki that we can help in foreign languages***



**Ministry of Internal Affairs and Communications  
Miyazaki Administrative Inspection and Administrative Counseling Center**

- 1 Anyone in Miyazaki prefecture can use the consultation method published in this material for free.
- 2 The name of the consultation method, reception date and time, reception method etc. may be changed without prior notice.



Consultation type	Main consultation content	Consultation reception method	Consultation reception date and time
Miyazaki International Foundation	<p>Consultation on daily life in Japan  ※We will introduce a counselor who can communicate in a foreign languages</p> <p>※In the case that consultation is required at the government office eg. visa, status of residence and legal problems, we can also arrange a date, time, place, and consultation with a lawyer or an administrative procedure specialist (with interpreter / within 30 minutes)</p> <p>(Available in English, Chinese, Korean, Portuguese, Filipino)</p>	<p>Phone 0985-32-8457  Fax 0985-32-8512  Interview  9F Carino-Miyazaki,  Tachibanadori-higashii 4-8-1,  Miyazaki-City  e-mail <a href="mailto:miyainfo@mif.or.jp">miyainfo@mif.or.jp</a></p>	Tuesday to Saturday (Except National holidays, year-end and New Year holidays) 10:00to19:00
Foreign-language Human rights Hotline	<p>Consultation on human rights issues in daily life.  For example, receiving unfair discrimination on the grounds of being a foreigner, being bullied at school etc.</p> <p>(Available in English, Chinese, Korean, Portuguese, Filipino, Vietnamese)</p>	<p>Phone 0570-090911  ※You can consult in a foreign language at the nearest Legal Affairs Bureau and District Legal Affairs Bureau  ※Human rights counseling services in foreign languages on the internet <a href="https://www.jinken.go.jp/soudan/PC_AD/0101_en.html">https://www.jinken.go.jp/soudan/PC_AD/0101_en.html</a>  (English) <a href="https://www.jinken.go.jp/soudan/PC_AD/0101_zh.html">https://www.jinken.go.jp/soudan/PC_AD/0101_zh.html</a> (Chinese)</p>	Weekdays 9:00to17:00

Consultation type	Main consultation content	Consultation reception method	Consultation reception date and time
Foreign Resident General Information Center	<p>Consultation on foreign immigration procedures and residence procedures  <b>(Available in English, Chinese, Korean, Spanish)</b></p> <p>※We cannot answer inquiries concerning prospects of application and permission concerning individual cases, the status of a review, the result of disposal or the progress status of deportation compulsory procedures</p>	<p>Phone 0570-013970 03-5796-7112</p> <p>e-mail <a href="mailto:info-tokyo@i.moj.go.jp">info-tokyo@i.moj.go.jp</a></p> <p>※e-mail accepts only Japanese and English</p>	<p>Weekdays 8:30to17:15</p>
Individual Number System Toll Free Number	<p>Consultation on Individual Number System and Individual Number card  <b>(Available in English, Chinese, Korean, Spanish, Portuguese)</b></p>	<p>Phone 0120-017-826            (About Individual Number System)            0120-017-827            (About Individual Number card)</p>	<p>Weekdays 9:30to22:00</p> <p>Saturdays, Sundays and National holidays 9:30to17:30            (Except Year-end and New Year holidays)</p>

Consultation type	Main consultation content	Consultation reception method	Consultation reception date and time
Consultation on Basic Resident Registration System Multilingual Consultation Desk	Consultation on Basic Resident Registration System <i>(Available in English, Chinese, Korean, Spanish, Portuguese, Vietnamese)</i>	Phone 0570-066-630 03-6436-3605	Weekdays 8:30to17:30
Japan Legal Support Center (Houterasu) provides multilingual information services	Consultation on Legal issues For example, Divorce, Domestic Violence, Unpaid Salary, Dismissal, Visa, Accidents, Loans etc. ※We provide information on the Japanese legal system, bar associations and other relevant organizations. <i>(Available in English, Chinese, Korean, Spanish, Portuguese, Vietnamese, Filipino)</i>	Phone 0570-078-377	Weekdays 9:00to17:00
Japan Post Customer Service Center	•Consultation on Postal sevices(Letter, Postcard, Stamps, Letter Pack, Parcel) •Consultation on Postal insurance, Declaration of a lost and stolen insurance card, etc. •Consultation on Savings and remittances •Consultation on Post office window services <i>(Available in English)</i>	Phone 0570-046-111	Weekdays 8:00to21:00 Saturdays, Sundays and National holidays 9:00to21:00

Consultation type	Main consultation content	Consultation reception method	Consultation reception date and time
Travel support Kyusyu/Yamagchi Multilingual Call Center	<p>Service for international tourists visiting Kyusyu(Fukuoka, Saga, Nagasaki, Oita, Kumamoto, Miyazaki and Kagoshima) and Yamaguchi.</p> <p>It may be used for site seeing inquiries and Interpretation.</p> <p>(Available in English, Chinese, Korean, Thai, Vietnamese, Indo-Chinese, Nepali Filipino, Portuguese, Spanish, French, Danish, Italian, Russian, Malay)</p>	Phone 092-687-6639	24Hours 365Days
Helpline for Foreigners	<p>We will accept all queries.</p> <p>Eg. If you are experiencing problems in your daily life, we would like to help.</p> <p>(Available in English, Chinese, Korean, Thai, Filipino, Portuguese, Spanish)</p>	<p>Phone 0120-279-338</p> <p>※Call the toll-free number and after the Japanese guidance, press 2</p>	Everyday 10:00to22:00

Consultation type	Main consultation content	Consultation reception method	Consultation reception date and time
Telephone Consultation Service for Foreign Workers	Consultation on labor conditions In any of the following cases, please consult. <ul style="list-style-type: none"> <li>• You are not paid your wages.</li> <li>• You are not paid an overtime allowance.</li> <li>• You are dismissed while receiving medical treatment for an injury caused by work.</li> <li>• You are dismissed suddenly and have not been paid a dismissal allowance.</li> <li>• You have suffered an accident at work but are not compensated for your medical fees on your days off.</li> <li>• Your wages, working hours and other working conditions are not specified when you sign a labor contact.</li> <li>• There is the risk of accidents at work because the safety and hygiene of workers are not protected adequately.</li> </ul> <p>(Available in English, Chinese, Filipino, Portuguese, Spanish, Vietnamese)</p> <p>※Connects to The Labour Bureaus with a Foreign Workers Consultation Service that The Ministry of Health, Labor and Welfare establishes.</p>	Phone 0570-001701(English) Phone 0570-001702(Chinese) Phone 0570-001703(Portuguese)	Weekdays 10:00to12:00 13:00to15:00
	Phone 0570-001704 (Spanish)	Tuesdays, Thursdays and Fridays 10:00to12:00 13:00to15:00 ※Except National holidays, year-end and New Year holidays	
	Phone 0570-001705(Filipino)	Tuesdays and Wednesdays 10:00to12:00 13:00to15:00 ※Except National holidays, year-end and New Year holidays	
	Phone 0570-001706(Vietnamese)	Wednesdays and Fridays 10:00to12:00 13:00to15:00 ※Except National holidays, year-end and New Year holidays	

