

**Catalogue of Consultation Services for Foreign Residents [Law, Human Rights, Women's Issues]
(for foreigners who have trouble speaking and reading Japanese)**

Consultation Information	Supported Languages	Name of Organization/Consultation Center	Consultation Method & Important Points	Business Hours
Consultations regarding discrimination based on being a foreigner	English, Chinese, Korean, Tagalog, Portuguese, Vietnamese, Nepalese, Spanish, Indonesian, Thai	Tokushima District Legal Affairs Bureau, Division for the Protection of Human Rights Phone number for consultations regarding human rights matters in foreign languages: 0570-090-911	Face to Face Consultation Phone Consultation 0570-090-911 Three-way calls between the consultant, the Legal Affairs Bureau, and an interpreter are possible (including face to face consultation) In the case of face to face consultations, the phone number for consultation about human rights matters in foreign languages is used and consultation will be conducted through an interpreter	Weekdays: 9:00-17:00
Consultations regarding domestic violence and divorce	English (Upon request)	Central Consultation Center for Children and Women 088-652-5503	Face to Face Consultation Phone and email consultations are not available	Weekdays: 10:00-15:00
Information regarding the legal system and consultation services in Japan	English, Chinese, Korean, Spanish, Portuguese, Vietnamese, Indonesian, Tagalog, Nepalese, Thai	Japan Legal Support Center Tokushima Office (Hou Terasu Tokushima)	Hou Terasu Multilingual Information Service: Phone Consultation (three-way call between the consultant, an interpreter, and the Hou Terasu Regional Office) 0570-078377	Weekdays: 9:00-17:00

Warning: Organizations that are open for consultation outside of weekdays will still be closed at the end of the year and during the New Year's holiday. (Phone & Face to Face Consultation)